

# Holistic Health & Fitness Integrator (H2F-I) Course



## INDIVIDUAL STUDENT ASSESSMENT PLAN

3 November 2023

## Memorandum for Students

ATMT-LTB-USAH2FA

3 November 2023

### MEMORANDUM FOR STUDENT

**SUBJECT:** Individual Student Assessment Plan (ISAP) for the Holistic Health & Fitness Integrator (H2F-I) course, 9E-SI6P/920-ASIP5.

**PURPOSE:** Establish policy and procedures for student responsibilities and training graduation (pass/fail) criteria. Establish how the proponent school will determine if the student has demonstrated a sufficient level of competency to pass the Holistic Health & Fitness Integrator (H2F-I) course. Establish how the student's performance will be evaluated.

#### Requirements:

- (1) Inform students, instructors, and other personnel of graduation requirements.
- (2) A copy of this ISAP must be provided or posted for student reference and explained to each student at the beginning of each phase of this course.
- (3) Phase 1: Students have 45 days to complete 100% of H2F-I Phase 1 on Blackboard upon enrolling. Completion of Phase 1 includes finishing all 17 lessons (H2F-I Overview not counted) and pass both written examinations with a minimum of 70% to receive a "GO". Students will have three retests (if required) for written examinations. Failure to score 70% or higher on the retest will result in the student's non-completion of Phase 1. There is no expiration for the Phase 1 certificate.
- (4) Phase 2: Students must successfully complete 100% of Phase 2. Students must receive a "GO", IAW grading rubric, on the Capstone to graduate the course. A student who is rated "NO-GO" on this assessment will be retrained and re-tested one time only. Failure to receive a "GO" on the retest will result in the student's non-completion of Phase 2.
- (5) Personnel must be in compliance with Army body composition standards specified in AR 600-9 to commence both Phase 1 and Phase 2.

#### **1-1 Student Testing Procedures:**

- a. Students will be tested by a certified H2F-I Instructor only.
- b. Students will be evaluated on subject material using both written (Phase 1 and Phase 2) and performance (Phase 2) examinations.

c. Mandatory study hall (remedial training) will be conducted for students having academic difficulties. Every effort will be made to ensure students receive the assistance they need. The following guidance is provided:

(1) A mandatory study hall will be conducted the day of the "NO-GO". This will assist the student in keeping up with peers and ensure the student does not miss other scheduled training. All re-testing will be conducted the following day.

(2) Mandatory study hall will be monitored and led by a certified H2F-I Instructor.

## **1-2 Student Retesting Procedures (Phase 1 and Phase 2):**

a. Retest procedures:

(1) For Phase 1 students, a retest (if required), will automatically be provided online if the student failed to meet the 70% minimum required score. Three (3) retests are authorized for the online examinations.

(2) In the event the student fails the three retests, the student must reenroll in ATRRS and begin Phase 1 from the beginning.

(3) For Phase 2 students, in the event the student fails his/her Capstone retest, the student will be issued a negative Developmental Counseling Form (DA Form 4856) and be referred to the H2F Academy Director or Director approved delegate for removal from the course.

(4) Prior to any student being removed from the H2F-I course (Phase 2) for negative performance, the H2F-I Team OIC/NCOIC must:

I. Obtain approval from the H2F Academy Director or Director approved delegate prior to notifying any student he/she is removed from the course for negative performance.

II. Notify the student's chain of command once approval is received.

III. Counsel the student for course removal and record all actions on DA Form 4856.

## **1-3 Minimum Course Requirements:**

a. Absence, up to one hour, may be approved by the Team OIC/NCOIC.

b. Absences exceeding more than the aforementioned one hour will be reported to the H2F Academy Director or Director approved delegate for adjudication or dismissal from the course.

c. Any student receiving three spot reports for misconduct, lateness, or performance not to standard will be immediately dismissed from the course. Spot reports may be issued for, but are not limited to, the following offenses:

(1) Failure to complete any portion of the MTAP-A, CFA, physical training sessions, or approved modifications.

(2) Failure to turn in homework at designated time.

(3) Failure of any assessment (written or practical).

(4) Late to class or official report time.

(5) Disrespect to instructors, staff, or students.

d. H2F Academy Director may dismiss H2F-I Phase 2 student on the spot for:

(1) Safety failures – not following H2F-I Instructor guidance.

(2) Reporting with a fitness level that would make it unsafe for the student to continue.

(3) Medical concerns that would make it unsafe for the student to continue.

#### **1-4 Course Completion Documents:**

a. Students will receive a DA Form 87, Certificate of Graduation for completion of this course.

b. Per AR 623-3, this course will not issue a DA Form 1059, Service School Academic Evaluation Report.

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